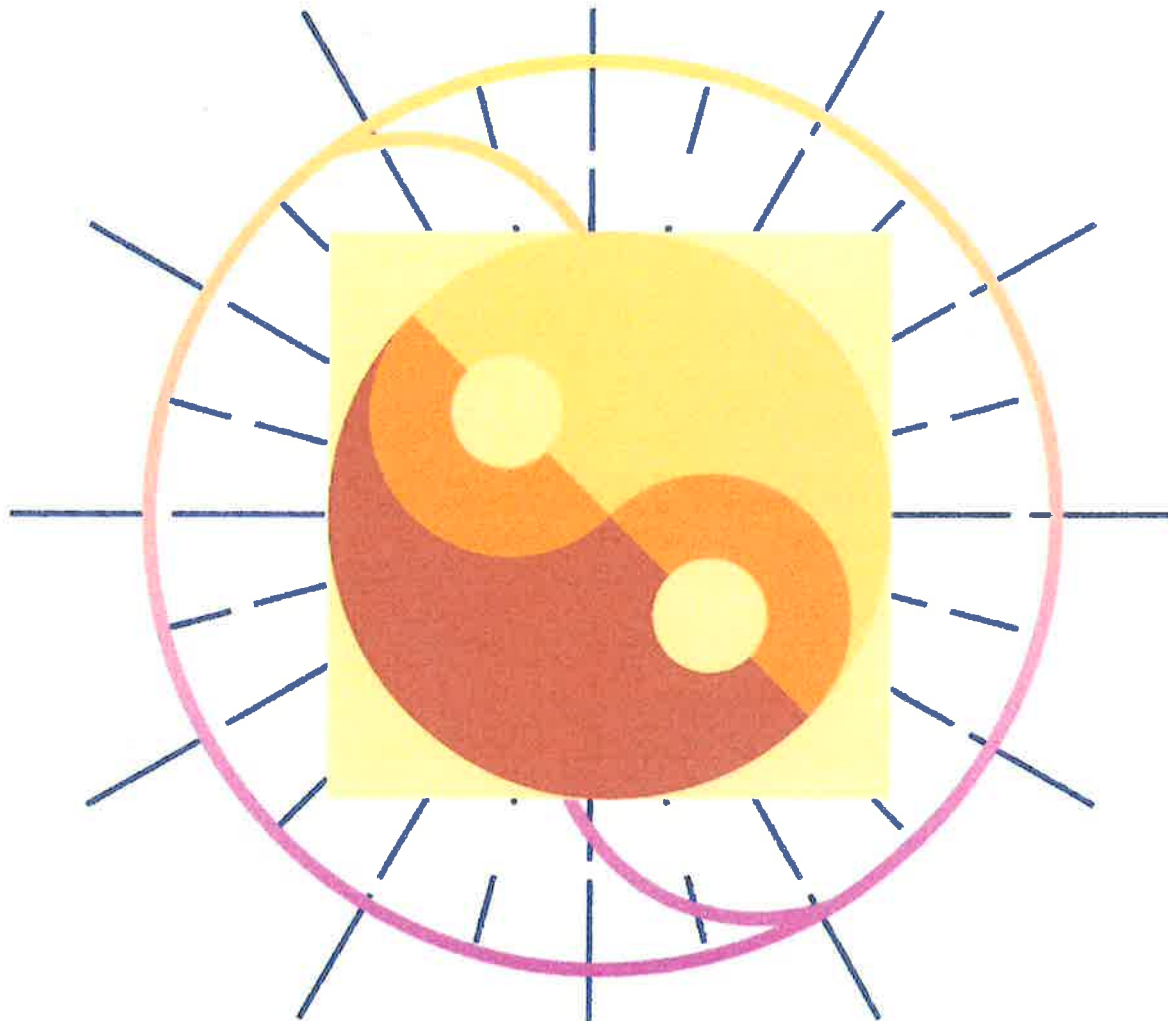


JOIN US UNDER THE MAJESTIC OAKS

◆ **CHI-FUL FRIDAYS** ◆

TAI CHI & QIGONG. FREE



9:30AM QIGONG

10:30 TAI CHI 1+2

RYCKMAN PARK, MEL BCH

No experience required

Details & Full Schedule at

www.BeachsideQigong.com

Contact: BeachsideQi@gmail.com

