

## **Message From Chief Dan Duncan**

### **Halloween Safety Tips**

#### **Trick-or-Treaters**

- **Carry a flashlight**
- **Walk, don't run**
- **Stay on Sidewalks**
- **Obey traffic signals and stop signs**
- **Stay in familiar neighborhoods**
- **Don't cut across yards or driveways**
- **Make sure costumes don't drag on the ground**
- **Avoid wearing masks while walking from house to house**
- **(If no sidewalk) walk on the left side of the road facing traffic**
- **Wear clothing with reflective markings or tape**
- **Approach only houses that are lit**
- **Stay away from and don't pet animals you don't know**

#### **Parents**

- **Make your child eat dinner before setting out**
- **Ideally, young children of any age should be accompanied by an adult**
- **If you buy a costume, look for one made of flame-retardant material**
- **Older children should know where to reach you and when to be home**
- **You should know where they're going**
- **Although tampering is rare, tell children to bring the candy home to be inspected before consuming anything**
- **Look at the wrapping carefully and toss out anything that looks suspect**

#### **Homeowners**

- **Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip the young ones**
- **Pets get frightened on Halloween, put them up to protect them from cars or inadvertently biting a trick-or treater**
- **Battery powered jack o'lantern candles are preferable to real flames**

- **If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing**
- **Healthy food alternatives for trick-or treaters include packages of low-fat crackers with cheese or peanut butter filling, single-serve boxes of cereal, packaged fruit rolls, mini boxes of raisins and single-serve packets of low-fat popcorn that can be micro waved later**
- **Non-food treats: plastic rings, pencils, stickers, erasers, coins**